

GRJSA

U-7 Laws of the Game

Player Exposure & Learning Experience

LAW 1 - THE FIELD:

- A. Dimensions: The field of play shall be rectangular; length not to exceed 35 yards nor less than 30 yards; width not to exceed 25 yards nor less than 20 yards. The length shall exceed the width.

GRJSA RECOMMENDATION: Length: 35 yards Width: 25 yards

- B. Markings: To be done by the home club.

1. Field markings are to be distinctive lines not more than four (4) inches wide or saucer cones.
2. A halfway line shall be marked out across the field.
3. A center circle with a six (6) yard radius.
4. Four corner arcs with a one (1) yard radius.
5. Goal area: Two (2) yards outside each goal post along the goal line and two (2) yards into the field of play joined by a line drawn parallel to the goal line.
6. Penalty area: Six (6) yards outside each goal post along the goal line and six (6) yards into the field of play joined by a line drawn parallel to the goal line.

- C. Goals:

1. Two (2) furnished by the home club.
2. Maximum Goal size is six (6) feet high and six (6) feet wide.
3. The Goals must be anchored down if not permanent goals.

GRJSA RECOMMENDATION: Height: 4 feet Width: 6 feet

LAW 2 - THE BALL:

- A. Size three (3) furnished by the home team.

LAW 3 - NUMBER OF PLAYERS:

- A. Maximum number of players on the field for each team: Three (3), no goalkeeper.
- B. Maximum number of players on the roster should not exceed: Six (6).
- C. Substitutions may be made, with the consent of the Referee, during any stoppage of play.
- D. Playing time: Each player SHALL play a minimum of 50% of the total playing time.

LAW 4 - PLAYER EQUIPMENT:

- A. Conform to FIFA rules with the following exceptions:

1. Footwear: Tennis shoes or soccer shoes with soft cleats.
2. Shin-guards: Mandatory, approved manufactured age and size specific, must be covered completely by socks.
3. No jewelry of any kind or decorative items in the hair such as beads, clips, etc.
4. Casts or other medical appliances are allowed if agreed upon the referee, coaches and parents involved. A doctor's written permission is the preferred procedure to allow the youth to participate. The referee has the final decision in this matter and may choose not to let a player participate with a

cast or other medical appliance if, in the referee's opinion, the device presents a safety risk to any player.

5. Shorts and shirts should be of like color for each team. Home team will switch colors if needed

LAW 5 - REFEREE:

A. Responsibility of home club:

1. Registered Referee.
2. Assistant Referees.
3. Parent/Coach or Assistant coach.
4. Referee's decisions on points of fact connected with the game shall be final.
5. All rule infractions shall be briefly explained to the offending player.
6. GRJSA does not recommend the use of registered referees for U-7 games.

LAW 6 ASSISTANT REFEREES:

A. GRJSA does not recommend the use of assistant referees for U-7 games.

LAW 7 DURATION OF GAME:

- A. The game shall be divided into two (2) equal twenty (20) minute halves.
- B. There shall be a five (5) minute break between halves.
- C. GRJSA recommends that parent/coaches substitute between halves to ensure that all players present play a minimum of 50% of the game.

LAW 8 THE START OF PLAY:

- A. Conform to FIFA rules with the following exception:
 1. Opponents must be six (6) yards from the center mark while kick-off is in progress.

LAW 9 BALL IN AND OUT OF PLAY:

A. Conform to FIFA rules.

LAW 10 METHOD OF SCORING:

A. Conform to FIFA rules.

LAW 11 OFFSIDE:

- A. Modified offside:
 1. Positioning of a player in front of the opponent's goal will not be allowed.

LAW 12 FOULS AND MISCONDUCT:

- A. Conform to FIFA rules with the following exceptions:
 1. All fouls will result in an INDIRECT FREE KICK with the opponents six (6) yards away.
 2. No slide tackles.
 3. No charging the goalkeeper in the penalty area.
- B. The Referee must explain all infractions to the offending player.
- C. Coaches are responsible for the conduct of parents, spectators and players.
- D. No caution or send offs shall be issued to players except by an independent neutral Referee.

LAW 13 FREE KICKS:

- A. Conform to FIFA rules with the following exceptions:
 - 1. All free kicks shall be classified as indirect.
 - 2. A goal may not be scored until the ball has been played or touched by a second player of either team.
 - 3. No kicks shall be taken by the attacking team within the defending team's goal area. The ball will be placed on the six (6) yard line.

LAW 14 PENALTY KICKS:

- A. No penalty kicks are to be taken during these games:

LAW 15 THROW-IN:

- A. Conform to FIFA rules with the following exception:
 - 1. A second throw-in is allowed if the player commits a foul on initial attempt. The Referee shall explain the proper method before allowing the player to re-throw.

LAW 16 GOAL KICK:

- A. Conform to FIFA rules with the following exceptions:
 - 1. Goal Kick may be taken from any point inside the goal area.
 - 2. Opponents must be six (6) yards away the ball.

LAW 17 CORNER KICK:

- A. Conform to FIFA rules with the following exception:
 - 1. Opponents must be six (6) yards away from the ball.

LAW 18 COACHING:

- A. Coaching will be made from the touchline through positive reinforcement.
- B. A coach may *occasionally* step onto the field to make a correction but should then retire back to the touchline.
- C. A coach shall not enter the penalty area or station himself/herself behind the goal line. This includes parents & spectators.
- D. A coach shall not touch the ball when it is in play: Penalty: Indirect Free Kick.
- E. There will be no standings kept for this league.
- F. No alcoholic beverages will be consumed or allowed near the playing area.
- G. Use of tobacco products is prohibited on all school properties.
- H. The home team shall choose the side that their team and spectators will be on and the opposing team, and their spectators, will be on the other side. If the field conditions prohibit the use of both sides of the field (decided by the referee) then each team and their spectators shall be on their half of the side line.